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COVID 19 PSYCHOSOCIAL SUPPORT PLAN STRATEGIC FOCUS AREAS

(Part 2 of 2)

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Preamble

This document is the **second of two** Psychosocial Support Planning for COVID 19 reports, the first entitled: ESS COVID 19 Psychosocial Support Plan Background is separate from this document and provides the context and background to psychosocial planning. Those involved in this document are the same as in report 1 and include partners from:

- Town of Gibbons
- Town of Redwater
- Town of Morinville
- Town of Legal
- Town of Bon Accord
- Sturgeon County

This report focuses on the strategic focus areas, objectives, outcomes and status with respect to the pandemic planning to COVID 19; it is viewed very much as a fluid document that is changing daily and subsequently, updated on a weekly basis and distributed to regional partners. The plan focuses on both the response and recovery phases and shall remain active for the duration of the recovery plan. Considering research and best practice, and learning from other Alberta disasters, the recovery phase will be considerably longer than the active/response phase.

Neither part one or part two (this report) are intended to replace or minimize any other Emergency Management plans or any of the regional partners, but rather align with Council, leadership and the Incident Command System (ICS) principles for emergency planning. These reports though are very specific to COVID 19.

This specific plan is intended to be founded on regional relationships and collaborations although the partners fully recognize and value, the local autonomy of each partners, and further realize service delivery may vary from community to community.

Introduction

The Psychosocial Support Plan identifies a series of strategic focus areas: Basic Needs; Essential Needs; Communication and Information; Strong Community Support; Well-Being, Recreation and Social Programming; Volunteer Management; and, Partner Well-Being. For each of these focus areas, strategic objectives are identified. As well, to reach those identified objectives, a myriad of strategies, strategic actions, resources, outcomes, status and point of contact are identified. These strategies fall out of the original ICS planning document and involve the partners as agreed upon per focus areas and overall management.

It is important to recognize that the objectives and subsequent strategies are for both the response and recovery; those that are highlighted in light blue are focused on recovery.

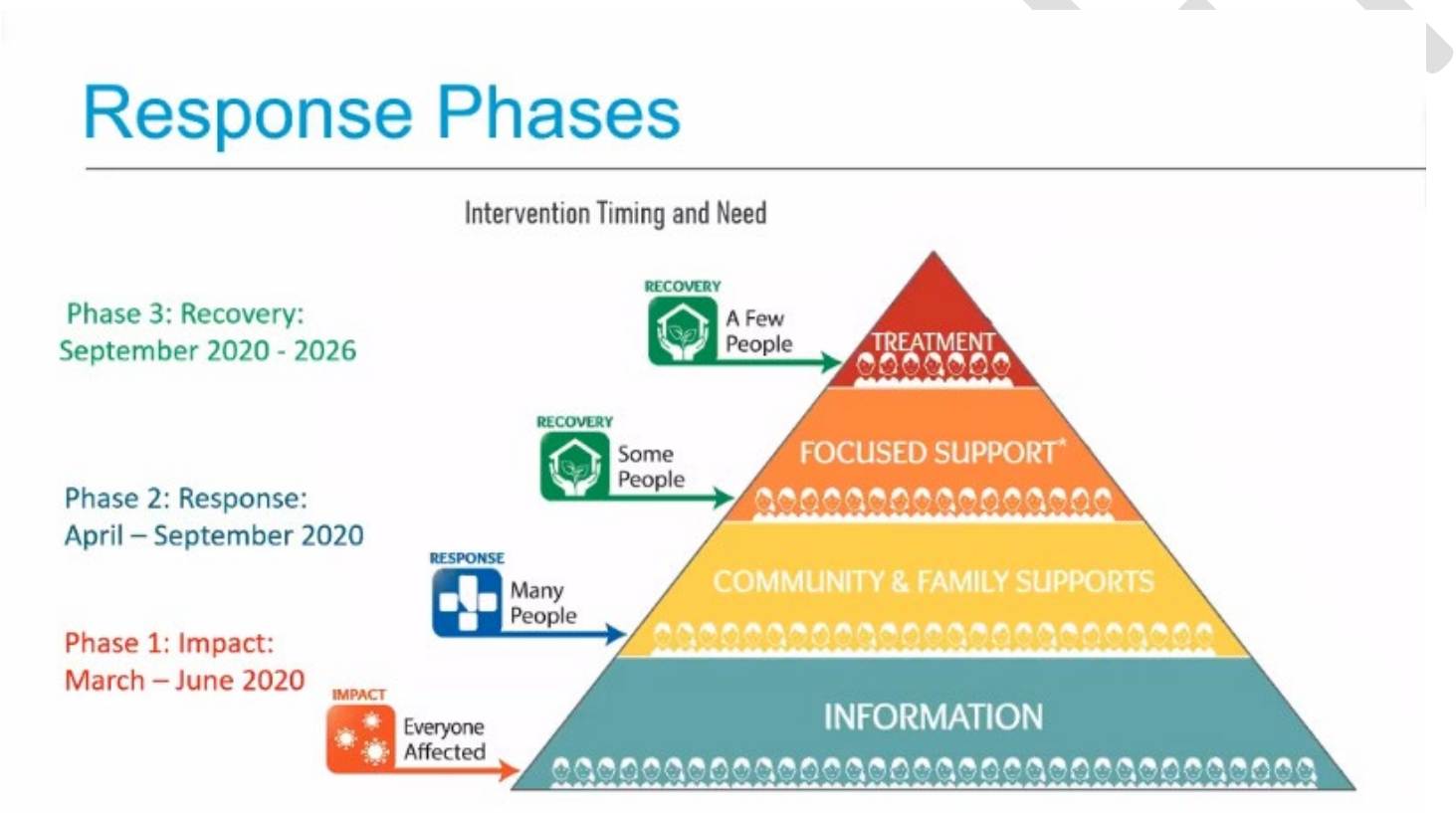
Specific strategies, activities, resources, and outcome measures may change to reflect emerging trends or requirement for adaptation based on new evidence or through the feedback/monitoring process.

As identified in the ESS COVID 19 Psychosocial Support Plan Background report (part 1 of 2), the following *goals of pandemic planning* form the basis of the strategic objectives:

1. There is recognition of the potential emotional, psychosocial, spiritual, and social impact of COVID 19

- 2. Pandemic specific-related issues and factors contributing to the personal stress and psychosocial distress of residents has been identified and outlined
- 3. Strategies for rapid and ongoing assessment for the psychosocial capacity and vulnerability of the general population has been outlined
- 4. The needs and vulnerabilities of those who may be at greater risk of experiencing adverse psychosocial outcomes based on functional disabilities, chronic health, or employment problems, other socio-economic and/or cultural factors have been identified and assessed.
- 5. The psychosocial well-being and resiliency have been protected and promoted by identifying evidence-informed psychosocial support mechanisms
- 6. The mental and/or behavioral health issues that arise for individuals in response to disasters have been mitigated, prevented, or treated as reasonable.
- 7. A sense of confidence, competence, efficacy, and trust has been supported or restored to the degree it can be

The following model is considered as we plan through the various phases.



Note: on the following tables for the column that speaks to status, the following color-coded descriptions apply: Yellow = Not started, Green = Ongoing, Red = Completed

STRATEGIC FOCUS AREA: BASIC NEEDS

OBJECTIVE: Residents are provided the basic needs of **food security**, transportation, childcare, shelter, access to health services and financial security

STRATEGIC INITIATIVES

| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
|------------------------------------|--|--|---|---|-----------|---|
| FOOD SECURITY | | | | | | |
| 1.A Response | Assess the capacity of all food banks in Region | <ul style="list-style-type: none"> Establish weekly contact with local food banks Determine a means of communicating local regional needs to all partners | <ul style="list-style-type: none"> FCSS Towns Food Banks Morinville Redwater Gibbons St. Albert | Capacity Report is compiled and maintained weekly | Ongoing | Laura Schmidt Jacquie Moren Melonie Lubemsky Marg Clark |
| 1.B Response | Establish a resource inventory of regional, inter-regional and provincial supports and contacts | <ul style="list-style-type: none"> Create and distribute a form/survey to gather information on all food related services | <ul style="list-style-type: none"> FCSS towns, County Provincial Food Bank of Alberta Local Food Banks | Resource inventory is published and circulated to partners Inventory was distributed | Completed | Laura Schmidt Jacquie Moren Melonie Lubemsky Marg Clark |
| 1.C Response Recovery | Develop a list of staff/volunteers who may be able to deliver food to people who cannot other wise get food (isolated, no car) | <ul style="list-style-type: none"> Develop a way people can request the service Develop volunteer program Put out a call for volunteers Vet volunteers | <ul style="list-style-type: none"> FCSS towns, County | Vulnerable residents have food delivered | Ongoing | Laura Schmidt Jacquie Moren Melonie Lubemsky Amy Morin |
| 1.D Response | Support local food banks apply for funding | <ul style="list-style-type: none"> Identify site specific needs Help complete and support applications for funding | <ul style="list-style-type: none"> Grant Coordinator FCSS towns, County | Food Banks are successful in their application for additional funding Redwater was successful | Ongoing | Laura Schmidt Jacquie Moren Melonie Lubemsky Susan Morrissey |
| 1.E | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |

| STRATEGIC FOCUS AREA: BASIC NEEDS | | | | | | |
|--|--|---|--|--|-------------|--------------------------|
| OBJECTIVE: Residents are provided the basic needs of food security, transportation, childcare, shelter, access to health services and financial security | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| TRANSPORTATION | | | | | | |
| 2.A Response | Identify existing transportation services and area they serve by April 22 | <ul style="list-style-type: none"> Contact the following to determine level of transportation service, area served, fee for service rates <ul style="list-style-type: none"> Town of Gibbons – Bus Trips for Groceries Drive Happiness Driving Miss Daisey Services Town of Morinville helping Hands/Library volunteers for Meals on Wheels Sturgeon County Volunteer List Food Banks - volunteers | <ul style="list-style-type: none"> FCSS towns, County Food Banks Food suppliers | <p>Connections to resources is established</p> <p>FCSS and other service providers will have a list of transportation options to serve residents</p> <p>Connections were made, list of transportation options was developed</p> | Completed | Jacque Moren, Marg Clark |
| 2.B Response | Identify capacity issues impacting transportation services by April 29 with check ins every two weeks | <ul style="list-style-type: none"> Contact listing of transportation services every two weeks to check in on: <ul style="list-style-type: none"> Are they meeting the current requests for transportation? Are they seeing requests for transportation that they are unable to address? Are there other issues impacting their capacity to provide service? | <ul style="list-style-type: none"> FCSS towns, County Food Banks Transportation Providers | <p>FCSS and other service providers will have information needed to plan for emerging transportation needs</p> <p>Feedback indicates the value of such</p> | Ongoing | Jacque Moren, Marg Clark |
| 2.C Response Recovery | Provide support to existing transportation services and networks to ensure residents are being served; ensuring that proper Alberta Health Services guidelines are being followed. | <ul style="list-style-type: none"> Contact existing transportation services on bi-weekly basis to trouble shoot and identify any challenges, gaps, or opportunities. Provide updated AHS guidelines to any transportation services as requested or as appropriate Consider with regional partners and y innovative ideas to address gaps in service | <ul style="list-style-type: none"> Transportation providers Town, County | <p>People are connected to resources that they may need.</p> <p>Survey (Checkbox) to those who registered (post measure).</p> | Not started | Jacque Moren, Marg Clark |
| 2.D | | | | | | |
| STRATEGIC FOCUS AREA: BASIC NEEDS | | | | | | |

OBJECTIVE: Residents are provided the basic needs of food security, transportation, **childcare**, shelter, access to health services and financial security

STRATEGIC INITIATIVES

| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
|-----------------------------|---|--|---|---|---------|--------------------------|
| CHILD CARE | | | | | | |
| 3.A Response | Identify potential childcare issues that could arise from cancellation of summer programs by April 30. | <ul style="list-style-type: none">• Contact Municipalities to determine:<ul style="list-style-type: none">○ number of summer programs that historically served as childcare during summer months.○ potential numbers they would serve○ if they have or are they working on identified actions to connect families to alternative childcare?○ if they have lists of private childcare options?○ if there are community connections (i.e.: Facebook) that residents utilize to connect to childcare? | <ul style="list-style-type: none">○ FCSS Sturgeon County○ Morinville, Gibbons, Legal, Bon Accord and Redwater | Issues are identified and addressed Plan is identified to connect families to alternative childcare options during summer months | Ongoing | Jacque Moren, Marg Clark |
| 3.B Response | Identify existing approved Day Cares and Out of School Care programs in the region and determine their capacity to start up with a phased in work re-entry by April 22. | <ul style="list-style-type: none">• Contact Redwater, Gibbons, Bon Accord, Morinville, Riviere Qui Barre and MFRC childcare providers to determine:<ul style="list-style-type: none">○ Are they currently providing childcare for essential services?○ Would they have ability to ramp up services if needed?○ How much time would they need to get back in service?○ Do they provide other supports/services to families? | <ul style="list-style-type: none">• Redwater Daycare• Gibbons Day Care• Gibbons Out of School Care• Bon Accord Out of School Care• Morinville Day Cares• RQB Daycares and Out of School Care• MFRC Daycare and Out of School Care | FCSS and other service providers will have a list of existing childcare providers in the region. FCSS and other service providers will have information needed to support post COVID-19 phased in childcare needs. | Ongoing | Jacque Moren, Marg Clark |
| 3.C Response Recovery | Existing services are supported during and post pandemic and could include advocacy, grant support or access to information of healthy practices. | <ul style="list-style-type: none">• contact facilities and see what their capacity is as well as challenges they may need support with• Establish regular check in with operators | <ul style="list-style-type: none">• FCSS, towns and County | Childcare facilities are supported during and after pandemic | Ongoing | Jacque Moren, Marg Clark |

STRATEGIC FOCUS AREA: BASIC NEEDS

OBJECTIVE: Residents are provided the basic needs of food security, transportation, **childcare**, shelter, access to health services and financial security

STRATEGIC INITIATIVES

| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
|-----------------|---|--|--|---|---------|--|
| CHILD CARE | | | | | | |
| 3.D Response | Identify current childcare providers providing services for essential workers in our region to determine their capacity on a bi-weekly basis. | <ul style="list-style-type: none">• Contact childcare providers as identified through Child & Family Services in St. Albert, Fort Saskatchewan, North Edmonton and Sturgeon Region to determine:<ul style="list-style-type: none">○ What is their current capacity?○ Do they have a wait list?○ What challenges are they experiencing? | <ul style="list-style-type: none">• Regional day cares and after school centres• FCSS towns, County | <p>FCSS and other service providers will have information on childcare options for essential workers.</p> <p>FCSS and other service providers will have information needed to advocate for increased childcare options if needed.</p> | Ongoing | Jacquie Moren, Marg Clark |
| 3.E Response | Ensure families can access affordable childcare | <ul style="list-style-type: none">• Ensure families are aware of subsidized childcare through Children Services• Consider alternate funding sources, programs like Sponsor a Child,• Consider alternative funding, granting or subsidizations | <ul style="list-style-type: none">• Alberta Government• Towns, County• Finance Department | Program is in place to support low-income families who need imminent childcare. | Ongoing | Jacquie Moren, Marg Clark Teagan Shipka |
| 3.F | | <ul style="list-style-type: none">• | | | | |

| STRATEGIC FOCUS AREA: BASIC NEEDS | | | | | | |
|--|---|--|---|--|-----------|---------------------------|
| OBJECTIVE: Residents are provided the basic needs of food security, transportation, childcare, shelter, access to health services and financial security | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| SHELTER (INCLUDING HOMELESS, LONG TERM CARE FACILITIES) | | | | | | |
| 4.A Response | Develop a list of facilities in the county and the region that might have capacity to shelter residents | <ul style="list-style-type: none"> Reach out to halls, churches, other community resources to see if they have space and capacity to shelter people Create an inventory of appropriate locations/facilities Create some sort of intake requirements and registry documents as required Develop a list of resources needed to access for facilities (cots, bedding) | <ul style="list-style-type: none"> Sturgeon County Recognized Community Organization List FCSS in Morinville, Gibbons, Legal, Redwater and Bon Accord | <p>Have list of vetted alternative facilities that can potentially house individuals and have process and procedures in place</p> <p>Ability to quickly mobilize small shelter locations if needed</p> | Completed | Jacquie Moren, Marg Clark |
| 4.B Response | Identify capacity of existing hotels in the region to support possible shelter needs if EOC was initiated due to COVID-19 or other community disaster by April 22 | <ul style="list-style-type: none"> Contact hotels in the region to determine: <ul style="list-style-type: none"> Hotel current capacity – do they have available rooms? Do hotels have ability to serve as shelters that provide isolation? What considerations would need to be addressed? What other facilities would have capacity to serve as shelter space? | <ul style="list-style-type: none"> 3 Redwater Hotels 1 Gibbons Hotel 1 Morinville Hotel Lily Lake Resort | <p>FCSS will have an up-to-date list of options should there be a need to set up a shelter location.</p> <p>List of potential shelters has been identified</p> | Completed | Jacquie Moren, Marg Clark |
| 4.C Response | Identify Reception Centre locations and as identified in the ESS plan and other potential facilities to determine ability to support social distancing by April 22. | <ul style="list-style-type: none"> Contact FCSS staff to determine facility capacity to serve as Reception Centres and/or shelters including: <ul style="list-style-type: none"> Space to allow for social distancing Ability to access required PPE | <ul style="list-style-type: none"> FCSS, towns, County | <p>Up-to-date list of options and required resources should there be a need to set up a reception centre location is established.</p> | Completed | Jacquie Moren, Marg Clark |

| | | | | | | |
|-----------------|---|---|----------------------|--|---------|---------------------------|
| 4.D Response | Undertake bi-weekly connection with Supportive Housing facilities to determine any unmet needs and potential to support isolated residents without family/community supports. | <ul style="list-style-type: none"> • Develop a contact list of all Supportive Housing facilities. • Undertake bi-weekly contact with facilities to determine current needs and opportunities for support. | • FCSS towns, County | Service providers will have connections with community supports needed to serve their residents. | Ongoing | Jacquie Moren, Marg Clark |
|-----------------|---|---|----------------------|--|---------|---------------------------|

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| STRATEGIC FOCUS AREA: BASIC NEEDS | | | | | | |
|---|--|---|--|--|-----------|--------------------------|
| OBJECTIVE: Residents are provided the basic needs of food security, transportation, childcare, shelter, access to health services and financial security | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| ACCESS TO HEALTH SERVICES | | | | | | |
| 5.A Response | Provide transportation to get to healthcare facilities through volunteer program if no other transportation service is available – (See Volunteer Management) | <ul style="list-style-type: none"> Connect with community agencies and partners to determine if any transportation services are provided. Discuss legalities and procedures. Develop form for clients and or agencies to fill out before client engages in transportation services. | <ul style="list-style-type: none"> FCSS towns and County | Actie list of agencies that can provide transportation, available to all community partners | Ongoing | Jacque Moren, Marg Clark |
| 5.B Response | Identify medical offices, pharmacies, physio-therapy services, home care services, hospital, emergent care services and wholistic health services serving the region to determine impact of COVID-19 to their service levels by April 22 | <ul style="list-style-type: none"> Contact medical services serving the region to determine: <ul style="list-style-type: none"> Changes to hours due to COVID-19 Changes to capacity due to COVID-19 Changes to ways to access including tele-health options Are there options for delivery for medications? Are there community needs that they require support to address? | <ul style="list-style-type: none"> Redwater, Gibbons, Bon Accord, Legal & Morinville Medical Office Region pharmacies, physiotherapy, primary care networks, hospitals and emergent care facilities. | FCSS and other service providers will have information needed to support and connect residents with needed medical services. | Completed | Jacque Moren, Marg Clark |
| 5.C | | | | | | |
| 5.D | | | | | | |
| STRATEGIC FOCUS AREA: BASIC NEEDS | | | | | | |
| OBJECTIVE: Residents are provided the basic needs of food security, transportation, childcare, shelter, access to health services and financial security | | | | | | |

| STRATEGIC INITIATIVES | | | | | | |
|-----------------------------|--|--|---|---|---------|--|
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| FINANCIAL SECURITY | | | | | | |
| 6.A Response Recovery | Understand and have access to info about government programs and benefits (See Communication and Information Focus Area) | <ul style="list-style-type: none"> Create a resource which outlines the available resources Distribute the resource to regional partners | <ul style="list-style-type: none"> Towns, County (Intergovernmental Advisor) | Produce a living document which is monitored for accurate/up to date information Original completed and shared | Ongoing | Jacquie Moren, Marg Clark Jennifer Lavallee |
| 6.B Response Recovery | Identify specific financial issues that may arise during/post pandemic for individuals and families and vet against existing financial literacy supports | <ul style="list-style-type: none"> Create and share any financial resources available for individuals and families Develop a financial literacy program and share with residents, regional partners Establish delivery method (virtual) during pandemic | <ul style="list-style-type: none"> SALC Regional programmers Financial Institutions Susan Morrissey | Financial Program developed that residents' access Questionnaire that measures success and usefulness | Ongoing | Jacquie Moren, Marg Clark |
| 6.C Response | Ensure families are still able to access sponsorship program during pandemic (Sturgeon County specific) | <ul style="list-style-type: none"> Review procedures and adjust accordingly. Continue to advertise program availability despite COVID-19. | <ul style="list-style-type: none"> Teegan Shipka Finance Department | Sponsorship program is operational from a virtual standpoint. | Ongoing | Teagan Shipka |
| 6.D | | | | | | |
| 6.E | | | | | | |

| STRATEGIC FOCUS AREA: ESSENTIAL NEEDS | | | | | | |
|--|--|---|--|--|-----------|---|
| OBJECTIVE: Residents are provided access and social supports including mental health supports , family violence, addictions, abuse, disability supports, respite care for caregivers, interpretive services | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| MENTAL HEALTH SUPPORTS | | | | | | |
| 7.A Response | Identify specific mental health issues that may arise during and post pandemic | <ul style="list-style-type: none"> Research information on what has occurred in previous disasters and seek expertise from other community agencies/ providers (e.g. AHS, MFRC) | <ul style="list-style-type: none"> Town, County Alberta Health Services 211 | Gain knowledge about the pattern and implications of MH behaviour during and post disaster. Ultimately this information will ensure effective supports are in place. | Completed | Melonie Lubemsky L Amy Morin Teagan Shipka |
| 7.B Response | Determine which community members are most vulnerable and at risk | <ul style="list-style-type: none"> Collaborate with community partners and identify current clients that may be vulnerable and reach out to check-in. | <ul style="list-style-type: none"> FCSS, town, County | Have appropriate plan and resources in place for vulnerable residents. | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 7.C Response | Identify the benefit of a volunteer-based program for reaching out to residents in need (See Volunteer management Focus Area) | <ul style="list-style-type: none"> Create system to match up community volunteers to residents in need. | <ul style="list-style-type: none"> FCSS, towns, County | Have a program in place with matched volunteers to residents to provide support | Ongoing | Melonie Lubemsky Amy Morin |
| 7.D Response | Provide a range of mental health supports for residents | <ul style="list-style-type: none"> Establish available resources online, webinars, and other means Determine if these resources will be available in recovery phase | <ul style="list-style-type: none"> FCSS, towns, County Community resources Government resources | Options available to access supports for residents | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka Ruth Keiser |
| 7.E Recovery | Establish longer terms activities to aid in recovery process and build resiliency in residents | <ul style="list-style-type: none"> Research and create activities that will enhance resiliency in residents post pandemic Determine what activities can be supportive of recovery | <ul style="list-style-type: none"> FCSS, towns, County Community resources Government resources | Myriad of post pandemic activities to build resiliency | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka Ruth Keiser |

| STRATEGIC FOCUS AREA: ESSENTIAL NEEDS | | | | | | |
|--|---|---|--|---|-------------|--|
| OBJECTIVE: Residents are provided access and social supports including mental health supports, family violence, addictions, abuse, disability supports, respite care for caregivers, interpretive services | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| FAMILY VIOLENCE | | | | | | |
| 8.A Response | Identify what shelters are open during COVID and what their operating capacities and limitations are. | <ul style="list-style-type: none"> Contact regional shelters to speak further about their current services. | <ul style="list-style-type: none"> Jessie’s House, WIN House Lurana Shelter A Safe Place Sage Seniors Safe House | Have a list of open and operating shelters with contact information to provide to clients, if needed. | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 8.B Response | Understand pandemic effects on family dynamics where family violence may be an issue | <ul style="list-style-type: none"> Coordinate with local agencies for educational resources for residents Research educational information to include on brochure/hand out. | <ul style="list-style-type: none"> JMMF – Morinville SAIF – St. Albert Alberta Council of Women’s Shelters - Edmonton | List of resources Have list of resources and educational brochure to provide to residents | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 8.C Recovery | Understand the predictors and symptoms of violence in the aftermath of a pandemic, what will indicate individuals are struggling? | <ul style="list-style-type: none"> Research the impact on families and individuals during a pandemic with respect to family violence, what does it look like more in the recovery phase, does it look any different? Coordinate with JMMF and SAIF to ensure resources are available and supporting those in need Create a list of resources and information | <ul style="list-style-type: none"> JMMF SAIF Towns, County | Post Pandemic supports are available to families | Not Started | Melonie Lubemsky Amy Morin Teagan Shipka |
| 8.D | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |

| STRATEGIC FOCUS AREA: ESSENTIAL NEEDS | | | | | | |
|--|---|---|--|---|-------------|--|
| OBJECTIVE: Residents are provided access and social supports including mental health supports, family violence, addictions , abuse, disability supports, respite care for caregivers, interpretive services | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| ADDICTIONS | | | | | | |
| 9.A Response | Develop list of agencies offering addiction services during COVID 19. | <ul style="list-style-type: none"> Contact agencies who offer addiction services to determine any resources, challenges and opportunities | <ul style="list-style-type: none"> AADAC AL-ANON AHS Rehab Facilities FCSS, towns, County | Resource inventory is created and maintained, distributed to partners | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 9.B Response | Identify virtual resources available to individuals struggling with addiction during and post pandemic. | <ul style="list-style-type: none"> Research free virtual resources available Explore what their capacity is Create a list of resources with their mandate and services | <ul style="list-style-type: none"> AADAC AL-ANON AHS Rehab Facilities FCSS, towns, County | On-line and other resources are maintained and communicated with partners and residents | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 9.C Recovery | Determine what resources will be available to provide support to residents during recovery phase | <ul style="list-style-type: none"> Determine what virtual resources can be maintained during recovery phase of pandemic | <ul style="list-style-type: none"> FCSS, towns, County | Residents are accessing virtual resources | Not started | Melonie Lubemsky Amy Morin |
| 9.D | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |

| STRATEGIC FOCUS AREA: ESSENTIAL NEEDS | | | | | | |
|--|--|--|--|---|-------------|--|
| OBJECTIVE: Residents are provided access and social supports including mental health supports, family violence, addictions, abuse, disability supports, respite care for caregivers, interpretive services | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| ABUSE | | | | | | |
| 10.A Recovery | Provide information to Community on resources related to Elder Abuse including recognition and services available to support those impacted. | <ul style="list-style-type: none"> Connect with SAIF to pull together information. Use social media, mail out to churches to make information available. | <ul style="list-style-type: none"> SAIF Society Area Churches Social Media (FCSS) | Community will have information to support seniors in their community impacted by Elder abuse | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 10.B Recovery | Develop a resource handout on scams and frauds and maintain it monthly. | <ul style="list-style-type: none"> Connect with RCMP and access information on frauds/scams being perpetrated. Prepare a one-page poster to share via social media, advertise in newspaper | <ul style="list-style-type: none"> RCMP Elder lodges | Communication was provided to community partners as appropriate | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 10.C Response | Determine post pandemic resources and support services for abuse, is extra information and awareness material required into recovery phase | • | • | | Not started | |
| 10.D | | • | • | | | |

| STRATEGIC FOCUS AREA: ESSENTIAL NEEDS | | | | | | |
|--|---|---|--|--|----------|--|
| OBJECTIVE: Residents are provided access and social supports including mental health supports, family violence, addictions, abuse, disability supports, respite care for caregivers, interpretive services | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| DISABILITY SUPPORTS | | | | | | |
| 11.A Response Recovery | Develop a list of support for those with disabilities or impairments and their caregivers. | <ul style="list-style-type: none"> Contact existing support programs to find out how they are providing service during COVID and post COVID | <ul style="list-style-type: none"> AISH, Brain Care Centre, Transitions, FSCD, PDD, Transportation Services | Development of a disabilities resource list is created and distributed with partners | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 11.B | | <ul style="list-style-type: none"> | | | | |
| RESPIRE CARE FOR CAREGIVERS | | | | | | |
| 12. A Response | Provide range of support to respite caregivers in the community. | <ul style="list-style-type: none"> Research appropriate agencies, websites, apps, help lines and resources that are supporting caregivers during the pandemic. | <ul style="list-style-type: none"> FCSS, towns, County | Have list of tools and resources to provide to caregivers in need in order to support their wellbeing and prevent burnout. | Ongoing | Melonie Lubemsky |
| 12. B Response | Determine what financial supports and subsidies are in place for caregivers during COVID-19. | <ul style="list-style-type: none"> Research any potential financial supports in place | <ul style="list-style-type: none"> FCSS, towns, County | Have concrete list of financial supports and resources available to caregivers including criteria and process to apply. | On going | Melonie Lubemsky |
| 12. C Recovery Response | Develop psychoeducational toolkit for caregivers that are available during and after the pandemic | <ul style="list-style-type: none"> Research and put together self-care and wellness education specific to caregivers. Determine and create a means of sharing the information | <ul style="list-style-type: none"> FCSS, towns, County | Have a shareable document created to support caregiver's health and well-being during and post COVID-19. | On going | Melonie Lubemsky Teagan Shipka |

| STRATEGIC FOCUS AREA: ESSENTIAL NEEDS | | | | | | |
|--|---|---|--|--|---------|--|
| OBJECTIVE: Residents are provided access and social supports including mental health supports, family violence, addictions, abuse, disability supports, respite care for caregivers, interpretive services | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| INTERPRETIVE SERVICES AND OTHER SPECIALIZED SERVICES (LANGUAGE, HARD OF HEARING, BLIND) | | | | | | |
| 13.A Response | Have list of MH services that provide specialized services to those who may be deaf, blind, or need translation services. | <ul style="list-style-type: none"> Put together list of services and contact each service to determine what their capacity is during COVID | <ul style="list-style-type: none"> AHS Government partners | Have formal list of specialized services put together with contact info and scope of service. | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |
| 13.B Response Recovery | Create wellness toolkits for those with specialized needs and will these toolkits be available during recovery phase | <ul style="list-style-type: none"> Research self-care and wellness tips/strategies for individuals Create a one-page poster of wellness tips Reach out to community agencies and determine if they have any valuable resources | <ul style="list-style-type: none"> FCSS, towns, County | Have list of tools, psychoeducation, and wellness strategies specific and unique to identified needs | Ongoing | Melonie Lubemsky Amy Morin Teagan Shipka |

| STRATEGIC FOCUS AREA: COMMUNICATION AND INFORMATION | | | | | | |
|--|--|---|--|--|-------------|---|
| OBJECTIVE: Residents and service providers have consistent and clear messaging/communication and accurate and timely information. | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| COMMUNITY WIDE INFORMATION AND COMMUNICATION STRATEGIES | | | | | | |
| 14.A Response | Connect via phone with isolated/vulnerable residents to provide connection | <ul style="list-style-type: none"> Develop a “friendly caller” program by using a well-established volunteer base. Seek guidance from established programs (Hinton FCSS) | <ul style="list-style-type: none"> Victim Services Advocates Hinton FCSS Seniors Groups Local FCSS | Have a friendly caller phone program operating | Ongoing | Scott Rodda Melonie Lubemsky Laura Schmidt Jenny Larson Jacquie Moren Susan Pearce Communications |
| 14.B Response | Identify new ways to reach our clients that have minimal contact sources (no computers etc.) | <ul style="list-style-type: none"> Consider Region wide Friendly Neighbour Program Make Living Well program info easily accessible online; adjustments to websites, increase social media presence Make flyers or newspaper ads to reach out to those residents without internet | <ul style="list-style-type: none"> Communications Dept @ Sturgeon County FCSS, towns, County Legal FCSS | Documentation/numbers of residents who reach out for support Residents are easily able to access Living Well contact information. | Ongoing | Scott Rodda Melonie Lubemsky Laura Schmidt Jenny Larson Jacquie Moren Susan Pearce Communications |
| 14.C Response | Provide residents with timely information | <ul style="list-style-type: none"> Collect information from regional partners on a recurring basis and create a programming newsletter once a month | <ul style="list-style-type: none"> Communication FCSS Partners | Residents feel informed | Ongoing | FCSS Partners Communications |
| 14.D Response/ Recovery | Provide residents with a myriad of information sources to ensure the best coverage possible | <ul style="list-style-type: none"> Collect all the most important information for residents and disseminate via flyers, road signs, newspaper ads for those who do not have computers | <ul style="list-style-type: none"> Communication FCSS Partners | Residents feel informed | Ongoing | FCSS Partners Communications |
| 14.E Response/ Recovery | Develop a Regional Programming Newsletter that is updated monthly | <ul style="list-style-type: none"> Connect with regional FCSS and Recreation staff for updated programming Advertise newsletter using regional FCSS social media | <ul style="list-style-type: none"> Regional FCSS partners | Newsletter is produced and distributed monthly | Ongoing | Regional FCSS partners |
| 14. F Response/ Recovery | Create a regional communication person responsible for consistent messaging across partners, ensuring that all programming information is accessible | <ul style="list-style-type: none"> Develop guidelines and processes for sharing information for consistent messaging | <ul style="list-style-type: none"> Regional Partners | Information is shared among all partners consistently | Not started | Regional FCSS Partners |

| STRATEGIC FOCUS AREA: STRONG COMMUNITY SUPPORTS | | | | | | |
|---|---|--|---|--|---------|--------------------------------------|
| OBJECTIVE: Non-profit organizations and social support agencies have access to timely support from regional partners | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| NON-PROFIT ORGANIZATIONS | | | | | | |
| 15.A Response | Connect periodically with local not-for-profit groups to determine their concerns, how they are supporting their members during COVID and opportunities to collaborate. | <ul style="list-style-type: none"> Develop Not-for-Profit organization list with contact information | <ul style="list-style-type: none"> Contact Sheets | Issues impacting local NPO's and the members they serve are identified and responded to collaboratively List compiled Complete | Ongoing | FCSS Partners |
| 15.B Response/ Recovery | Ensure non-profit organizations are well informed to funding opportunities, health and well-ness literature and timely information regarding COVID 19 | <ul style="list-style-type: none"> Develop a consistent process for sharing information in a timely manner with all regional organizations | <ul style="list-style-type: none"> FCSS partners | Non-profit express receipt and value of information that has been shared | Ongoing | Communication support staff/position |
| SOCIAL SUPPORT ORGANIZATIONS | | | | | | |
| 16.A Response | Registration of social support organizations on 211. | <ul style="list-style-type: none"> Connect with local social support organizations and assist them with connecting their information on 211 | <ul style="list-style-type: none"> Mid-Stream Society Food Banks JMMF FRN Alanon Rotary Clubs Kinsmen Lions Clubs | Residents and service providers serving our residents will have better access to information on social supports 23/7 | Ongoing | FCSS partners |
| 16. B | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |
| STRATEGIC FOCUS AREA: WELLNESS, RECREATION AND SOCIAL PROGRAMMING | | | | | | |
| OBJECTIVE: Residents have access to wellness, recreation and social programming opportunities that enhance their well-being and maintain their health and safety as per AHS restrictions and practice. | | | | | | |

| STRATEGIC INITIATIVES | | | | | | |
|--|---|---|---|--|-----------|---------------------------------------|
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| EARLY CHILDHOOD PROGRAM | | | | | | |
| 17.A Response | Develop Preschool at Home Document | <ul style="list-style-type: none"> • Create document • Get printable document online and available for pickup • Distribute to FCSS departments and residents in the communities | <ul style="list-style-type: none"> • Early childhood materials | Number of people who have accessed the material Have Document ready for families to view online or pick-up in person. Program was accessed by families | Completed | Susan Pearce Ruth Kieser |
| 17.B Response | Connect Residents with Early Childhood activity resources | <ul style="list-style-type: none"> • Come up with resources/videos to share in activities calendar for early childhood focused activities | <ul style="list-style-type: none"> • Various APPs, • Communications Dept. • Social Media • Website • FCSS, towns, County | Number of hits on website Residents are registering/signing up for activities | Ongoing | Susan Pearce Ruth Kieser |
| 17.C Response | Virtual “stay & play” or coffee times for parents to connect | <ul style="list-style-type: none"> • Create and moderate a virtual coffee time for parents to connect with other parents • Gather resources/activities to share with the parents registered | <ul style="list-style-type: none"> • Various apps • Communications dept. • Social media • Websites • FCSS, towns, county | Number of people registered Parents are connected to resources and others in their community | Ongoing | Susan Pearce Ruth Kieser |
| 17. D Response | Keep a working document of all programming initiatives that are going on in each municipality Note: this strategy will apply to all programming – senior, youth, wellness | <ul style="list-style-type: none"> • Create a google doc • Give all programmers editing permission so that they can all work within the document and update as new initiatives arise. | <ul style="list-style-type: none"> • Google Docs | All the partners are aware of what the others are doing and work together on projects or share ideas | Ongoing | Ruth Kieser Town programming staff |
| 17. E Response | Create monthly newsletters for regional programming initiatives Note: this strategy will apply to all programming – senior, youth, wellness | <ul style="list-style-type: none"> • Collect programming initiatives for the month from all municipalities • Create newsletter for residents with information about the programs and how to access them | <ul style="list-style-type: none"> • Mail Chimp • FCSS Partners | -Residents are provided with information about programs happening in the entire region | Ongoing | Ruth Kieser Town Programming staff |
| STRATEGIC FOCUS AREA: WELLNESS, RECREATION AND SOCIAL PROGRAMMING | | | | | | |
| OBJECTIVE: Residents have access to wellness, recreation and social programming opportunities that enhance their well-being and maintain their health and safety as per AHS restrictions and practice. | | | | | | |

STRATEGIC INITIATIVES

| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
|-------------------------|---|--|---|---|-------------|-----------------------------|
| EARLY CHILDHOOD PROGRAM | | | | | | |
| 17. F Recovery | Review program refund policies to reflect refunds due to illness post-COVID Note: this strategy will apply to all programming – senior, youth, wellness | <ul style="list-style-type: none">• Speak to colleagues and regional partners to determine illness refund policies• Discuss with colleagues and regional partners, instructors, supervisors to make decisions | <ul style="list-style-type: none">• Finance Departments• Towns, County | Consistent process supports refunds for residents | Not started | Susan Pearce Ruth Kieser |
| 17. G Recovery | Develop COVID 19 recovery packages for program instructors Note: this strategy will apply to all programming – senior, youth, wellness | <ul style="list-style-type: none">• Develop COVID 19 Social Distancing information sheets based on AHS guidelines• Develop procedures for instructors that includes PPE, sanitization procedures and policies for | <ul style="list-style-type: none">• AHS• Safety officers• Towns, County | Instructors have consistent guidelines and practice | Not started | Susan Pearce Ruth Kieser |
| 17. H | | <ul style="list-style-type: none">• | <ul style="list-style-type: none">• | | | |

STRATEGIC FOCUS AREA: WELLNESS, RECREATION AND SOCIAL PROGRAMMING

OBJECTIVE: Residents have access to wellness, recreation and social programming opportunities that enhance their well-being and maintain their health and safety as per AHS restrictions and practice.

STRATEGIC INITIATIVES

| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
|-----------------------------|---|---|---|--|-------------|--|
| WELLNESS PROGRAMMING | | | | | | |
| 18.A | Develop virtual wellness programming for residents to utilize. | <ul style="list-style-type: none"> • Speak to colleagues and regional partners regarding what trends and topics they think is important during pandemic • Determine plan to target and engage residents • Fan out plan to communications department • Look into virtual/alternate options for the Fall • Develop sessions based on needs seen in the community | <ul style="list-style-type: none"> • FCSS colleagues • FCSS partners • Communications • PerfectMind | <p>Have unique and assessable wellness program in place including a variety of different topics.</p> <p>Post program evaluations are completed</p> | Ongoing | Susan Pearce Ruth Kieser Teegan Shipka |
| 18.B | Connect Residents with Mindfulness and Wellness activity Resources | <ul style="list-style-type: none"> • come up with resources videos around mindfulness and wellness to include in our events calendar • Provide links to various virtual resources | <ul style="list-style-type: none"> • Social Media platforms • FCSS, towns, County • Communications | Information about clicks/views on the website | Ongoing | Susan Pearce Ruth Kieser Teegan Shipka |
| 18.C | Create virtual mental health programming for residents | <ul style="list-style-type: none"> • Develop plan for the week of May 4-11 • Speak to community partners regarding what trends and topics they think are important during pandemic • Develop daily challenges and incentive for residents to participate • Work with communications to get resources on the website and advertise any events • Research 2019 theme and appropriate resources | <ul style="list-style-type: none"> • FCSS colleagues • FCSS partners • Communications • Social Media Platforms | <p>Have interactive Mental Health week activities, resources, and challenges in place.</p> <p>Numbers registered in Coffee Time Virtual Chats</p> | Ongoing | Susan Pearce Ruth Kieser Teegan Shipka |
| 18.D | <p>Create ways to connect neighbours to one another</p> <p>Note: this strategy will apply to all programming – senior, youth, wellness</p> | <ul style="list-style-type: none"> • Town of Legal develop "Hello Neighbour" cards to be distributed to the community | <ul style="list-style-type: none"> • Legal FCSS, mail outs with utility bills, website and social media sites • SC - put on the website and on social media | Neighbours post cards and reach out to their neighbours | In progress | Susan Pearce |

| STRATEGIC FOCUS AREA: WELLNESS, RECREATION AND SOCIAL PROGRAMMING | | | | | | |
|---|--|--|---|---|---------|-----------------------------|
| OBJECTIVE: Residents have access to wellness, recreation and social programming opportunities that enhance their well-being and maintain their health and safety as per AHS restrictions and practice. | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| WELLNESS PROGRAMMING | | | | | | |
| 18.E Response/ Recovery | Develop programs based on needs seen in the region | <ul style="list-style-type: none"> Reach out to colleagues working in other sections of plan to align program offerings to needs Consider gaps that may exist in programming | <ul style="list-style-type: none"> Towns, County | Programs are meeting the expressed needs of residents in the Region | Ongoing | Susan Pearce Ruth Kieser |
| 18.F Response/ Recovery | Create opportunities for residents throughout the region to access programming | <ul style="list-style-type: none"> Compile a document that illustrates all programming in the region so that duplication is avoided, and easier access is created Allow cross registration in region where appropriate | <ul style="list-style-type: none"> Towns, County Google.doc | | | |
| 18.G | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |
| 18. H | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |

| STRATEGIC FOCUS AREA: WELLNESS, RECREATION AND SOCIAL PROGRAMMING | | | | | | |
|--|---|--|--|---|---------|--|
| OBJECTIVE: Residents have access to wellness, recreation and social programming opportunities that enhance their well-being and maintain their health and safety as per AHS restrictions and practice. | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| SENIOR PROGRAMMING | | | | | | |
| 19.A | Weekly check in with seniors in the community | <ul style="list-style-type: none"> Collect resources weekly to fan out to members Check in and see how seniors are doing and whether they have heard of any issues in their community/from other members | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | Communication is established and maintained | Ongoing | FCSS colleagues FCSS partners Communications Social |
| 19.B | Seniors Week (first week of June) | <ul style="list-style-type: none"> Develop plan for senior's week Work with communications to get resources online and advertise for any events | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | Virtual or modified senior activities are delivered | Ongoing | FCSS colleagues FCSS partners Communications Social |
| 19.C | Senior's One Day Workshop (September) | <ul style="list-style-type: none"> Determine cancelation date pending AHS directives If hosting, plan sessions around issues that may have arisen due to COVID If not, reallocate funds to senior's programming/resources to help with recovery phase | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | Virtual or modified senior conference or activities are delivered | Ongoing | FCSS colleagues FCSS partners Communications Social |
| 19.D | | <ul style="list-style-type: none"> | <ul style="list-style-type: none"> | | | |

STRATEGIC FOCUS AREA: WELLNESS, RECREATION AND SOCIAL PROGRAMMING

OBJECTIVE: Residents have access to wellness, recreation and social programming opportunities that enhance their well-being and maintain their health and safety as per AHS restrictions and practice.

STRATEGIC INITIATIVES

| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
|--------------------------------------|--|---|--|---|---------|---|
| YOUTH PROGRAMMING | | | | | | |
| 20.A Response/ Recovery | Move Youth meetings online | <ul style="list-style-type: none"> Create group chat Organize group meetings | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | Number of youths participating in group chat, meetings | Ongoing | FCSS colleagues FCSS partners Communications Social |
| 20.B Response/ Recovery | Explore Virtual Youth Programming options | <ul style="list-style-type: none"> Develop a plan Advertise – work with communications to get stuff online and advertise Proclamation – See if the mayor would be able to proclaim that week Sturgeon County Youth Week | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | Number of youths participating | Ongoing | FCSS colleagues FCSS partners Communications |
| 20.C Response/ Recovery | Develop social media platforms more enticing to youth | <ul style="list-style-type: none"> Gain permission to set one up – Ask communications about the possibility of creating one and FCSS operating it Encourage youth council members to share with their friends | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | More youth engaged through platform | Ongoing | FCSS colleagues FCSS partners Communications |
| 20.D Response/ Recovery | Roll out stand-up, alternate Summer programming based on AHS regulations and recommendations | <ul style="list-style-type: none"> Develop program plans based on different scenarios Reach out to the other municipalities and work together to offer some Summer programming Develop advertising material to help promote the programs | <ul style="list-style-type: none"> FCSS colleagues FCSS partners Communications Social Media Platforms | Youth participate in programs designed for them Youth are meet and stay connected with other youth | Ongoing | FCSS colleagues FCSS partners Communications Ruth Kieser Jessica Barker |
| 20. E | | | | | | |

| STRATEGIC FOCUS AREA: VOLUNTEER MANAGEMENT | | | | | | |
|---|---|---|---|---|---------|----------------------------|
| OBJECTIVE: Residents have opportunities to receive support from volunteers and residents who wish to volunteer are provided the support and direction to do so. | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| LOCAL and REGIONAL VOLUNTEER REGISTRY AND MANAGEMENT | | | | | | |
| 21.A | Develop a program to acknowledge residents wanting to volunteer within our Sturgeon Region community, collaborating with regional partners to pool volunteers | <ul style="list-style-type: none"> • Neighbour Next Door Program • Consider local autonomy of volunteer programming that allows for distinct delivery based on local needs • Contact FCSS Partners/Agencies who use volunteers to ask about volunteer databases within their municipalities | <ul style="list-style-type: none"> • Staff Time • FCSS Regional Partners • Food Banks • Parent Groups from schools • Communications Dept | Having a database of volunteers to draw upon Have accessible volunteers throughout the regions | Ongoing | FCSS Partners Amy Morin |
| 21.B | Repurpose well established volunteer groups if their mandate can no longer be met | <ul style="list-style-type: none"> • Connect with agencies/NGO/service groups that have volunteers to see if they need to shift focus during the pandemic response not recovery | <ul style="list-style-type: none"> • FCSS Groups • Food Banks • Victim Services | Shifted volunteers to new purposes within the County | Ongoing | FCSS Partners Amy Morin |
| 21.C | Develop list of volunteers for a driving services/support | <ul style="list-style-type: none"> • Develop a way people can request the service (online registration) • Develop volunteer program • Put out a call for volunteers • Vet volunteers • Connect them with people in the community who need the services • Ensure all of AHS requirements and guidelines are incorporated | <ul style="list-style-type: none"> • Driving Miss Daisy • Drive Happiness • Volunteers • FCSS towns, County | Have a list of active driving services to provide to community partners and clients. | Ongoing | Jacquie Moren, Marg Clark |
| 21.D | | <ul style="list-style-type: none"> • | | | | |

| STRATEGIC FOCUS AREA: PARTNER WELL-BEING | | | | | | |
|---|---|---|--|--|---------|------------------------|
| OBJECTIVE: Partners in region will embrace a reciprocal means of providing support and resources to one another as required to maintain and promote health and well-being among one another. | | | | | | |
| STRATEGIC INITIATIVES | | | | | | |
| NO. | Strategy | Strategic Activities/Action | Resources | Outcome Measures | Status | Who |
| REGIONAL PARTNERSHIP WELL-BEING | | | | | | |
| 22.A Response/ Recovery | Create a collaborative working relationship with our regional partners | <ul style="list-style-type: none"> Develop a collaborative plan while considering that each municipality has their own concerns and issues Allow partners to openly discuss any concerns or issues through many modes of communication (Skype, TEAMS mtg, email, phone) | FCSS, towns, County | Having a working group that is contributes equally in their own way to a collective ESS plan | Ongoing | FCSS Partners |
| 22.B Response/ Recovery | During regional meetings, chair of meeting can implement and promote a weekly coping tip or strategy. | <ul style="list-style-type: none"> Research appropriate wellness tips Provide regular check-ins with regional partners | AHS Regional Partners | Individuals attending these meetings will leave with tip and feel supported by colleagues. | Ongoing | Chair FCSS partners |
| 22.C | | <ul style="list-style-type: none"> | | | | |
| COMMUNITY PARTNER WELL-BEING | | | | | | |
| 23.A | Send weekly spring picture with positive mantra via email to community partners. | <ul style="list-style-type: none"> Look up appropriate pictures to send to colleagues. | AHS Regional Partners Community Partners | Community partners will feel supported and connected to one another. | Ongoing | FCSS partners |
| 23.B | Reach out to community partners, non-profits periodically to ensure their needs are being heard, identifying any pressing issues or challenges. | <ul style="list-style-type: none"> Contact all non-profits and partner agencies Assign a contact person for each community partner to consistently reach out and make contact, update forms as per this process | Towns, County | Non-profit and community organizations receive timely support and resources | Ongoing | FCSS Partners |
| 23.C | | <ul style="list-style-type: none"> | | | | |