



Family School Liaison Program Update

Committee of the Whole
September 26, 2017

Agenda

1. Program History/Introduction
2. Strategic Alignment
3. Research
4. Best Practices
5. Community Profile
6. Service Levels
7. Indicators of Success
8. Q&A



Program History

- Family School Liaison Program Started 1986
- Alberta Association Of Family School Liaison Workers
- Community Based Counselling And Referral Service
- Families With School Age Children
- Funded Primarily Through FCSS
- Agreement And Funding Support From Sturgeon School Division
- Formal Program Review Initiated Since 2015
 - Policies and procedures review
 - Dual role
 - Parental consent
 - Service level changes



Strategic Alignment

Provincial	Ministry of Community and Social Services (Formally Human Services)	Strengthen prevention, supporting the development of stronger individuals, families and communities
	Family and Community Support Services	Over-arching Goal: FCSS enhances the social well-being of individuals, families and community through prevention
Regional	St Albert – Sturgeon Regional Collaborative Service Delivery	Provide equitable access to services that support the best possible outcome of children, youth and their families.
Local	Sturgeon County Strategic Plan	Community Outcome: We are committed to a safe, secure community, where our residents are respected and provided with access to opportunities.
	Municipal Development Plan	Cultural Vitality 3.1 Enriching the Local Community Through the establishment of, and access to, a diverse array of quality community spaces, amenities and programming.
	Department Vision	Residents take practical action toward happiness and wellbeing.

Research

Staying Current

Evidence Based Program Delivery: current research and known effective practices are used to ensure the complex and changing needs of individuals and families are met.

- Canadian Index Of Well Being
- Quality Of Life - Social Well Being
- Developmental Assets
- Prevention Science – Protective Factors
- Child, Youth & Family Development Research
- Happiness Index
- FCSS Best And Promising Practices

Best Practices

- Promote Positive Family Interaction
- Focus On The Family
- Community Based & Comprehensive
(Convenient, Flexible And Accessible)
- Competency Based – Strength Based
- Equitable Access To Quality Service



Community Profile

Needs Analysis Snapshot

- 21% preschoolers were struggling in two or more of the five developmental areas. *2014 ECMap*
- The % of persons age 17 and under in Sturgeon County is slightly higher than the provincial average. *Alberta Health Community Profiles*
- Greatest concerns among school counsellors continues to be student social and emotional health. *RCSD*
- Largest age group in the county is 35-64 (42.1%). *Alberta Health Community Profiles*
- 460 Lone Parent families living in Sturgeon County. *2016 Federal Census*
- Stop Abuse In Families Society reports that 35-40% of clients are from the Sturgeon Region in 2015 & 2016.
- On average highest prevalence of disease is hypertension often caused by stress. *PCN*



Service Levels

Activity	
Counselling <i>(Early intervention)</i>	Appointments Booked Within 5 Days Case Plan / Ongoing Feedback
Referral & Consultation <i>(Early intervention)</i>	Brief Contact
Information & Education <i>(Prevention)</i>	Print Information Website Resources FYI Ads / Tweets
Community Relationships <i>(Collaboration)</i>	Regional Collaborative Service Delivery Social Emotional Working Group Regional Family School Liaison Network Interagency Community Stakeholders
Documentation & Reporting <i>(Administration)</i>	Outcome Measures Service Agreements Client Files
Continued Competency <i>(Professional Development)</i>	Applying Research To Practice Peer Collaboration Peer Supervision Alberta Association Family School Liaison Workers Annual Conference Training And Professional Development Plans

Take a minute,
Change a life



World Suicide Prevention Day



Sharing
HOPE &
Resiliency

suicideprevention.ca

Indicators of Success

2016 Outcome report

1. 92% parents surveyed reported an improved general sense of well-being in their family, and children reported feeling more positive about themselves and their life.
2. 100% residents surveyed reported they have increased access to support and resources.

“Before I used to think of myself as not being important. But now I know I am important and I do matter.”

“I know who my friends are and I know what to look for in others and myself”

Questions?

Family School Liaison **Counselling** Program



We Understand

Parenting is the most rewarding and challenging job you'll ever have. In fact, it can be both - at the same time. No wonder you can feel so good as a parent one minute and overwhelmed the next.

Sturgeon County's Family School Liaison Program has been a trusted resource for parents and their children for almost 30 years.

Our commitment to creating communities of well informed parents and happy kids who grow to reach their full potential has never been stronger.

Lets talk...about family

For parents and family members, including seniors, we offer no-cost, in person and telephone counselling. Helping you to find answers to your questions, resolutions to your concerns and development of a culture of strong mental health in your family.

Check us out

Let us be your resource for videos, articles and books on parenting, families and so much more! Visit us online at www.sturgeoncounty.ca or call at 780-939-8334 or toll free 1-866-939-9303.