



# ANNUAL REPORT 2019

**Family & Community Support Services (FCSS)**



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### Message from Scott Rodda, Manager, Family & Community Support Services

Sturgeon County is a diverse and vibrant community with a strong volunteer base. It is that diversity and strength that makes our work in supporting community so rewarding.

With less than one year working with Sturgeon County FCSS, I have been amazed by the volunteer base that provides for recreational, cultural, and social programming. Our role is to support community in their initiatives to address their needs. I look forward to learning more about Sturgeon County and how our department can continue to support the work of our amazing volunteers.

I also want to acknowledge the enthusiasm I have witnessed with the FCSS team that provide excellent services to Sturgeon County residents. Their commitment and passion for their work is gratifying and I am honoured to be part of their team.

## WHAT FCSS DOES IN STURGEON COUNTY

### Preventative Social Programming

Through a funding partnership with the Province of Alberta, we provide preventative programming to enhance the social well-being of individuals, families, and the community.

### Parks, Recreation & Culture

We work collaboratively with local not-for-profit (NFP) organizations, area municipalities and Edmonton Garrison to ensure residents have access to recreational and cultural opportunities. We also support opportunities for residents to access trails, parks and open spaces to support their well-being.

### Transportation for Seniors

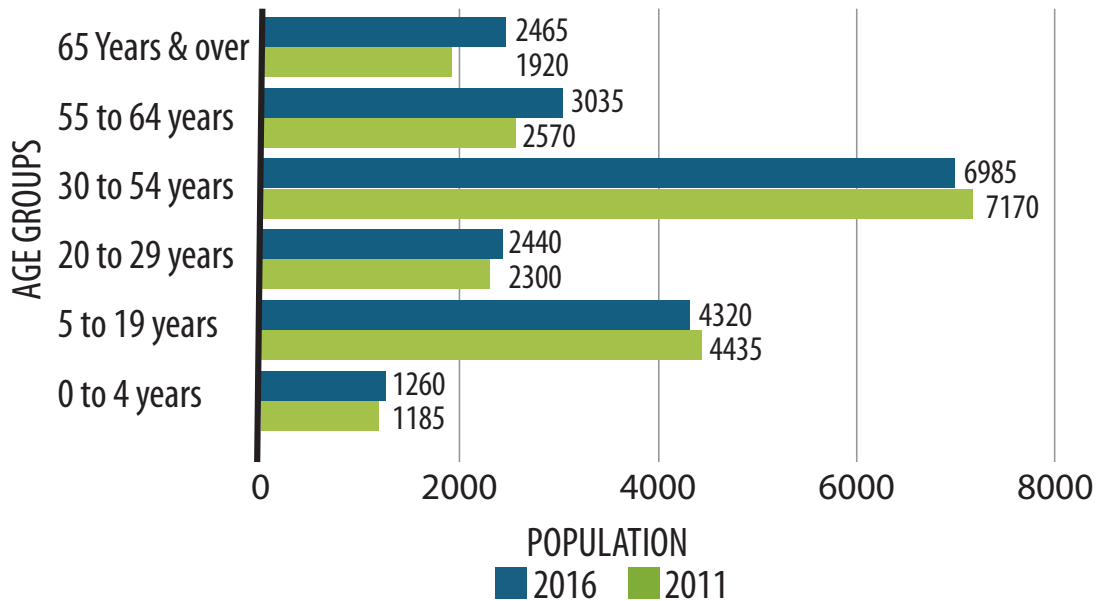
We support our rural senior organizations by providing access to bus transportation to support opportunities to be active and engaged in community activities.

*"Ensuring that residents of Sturgeon County have access to excellent recreation and social programs, parks, & open spaces to enhance quality of life."*

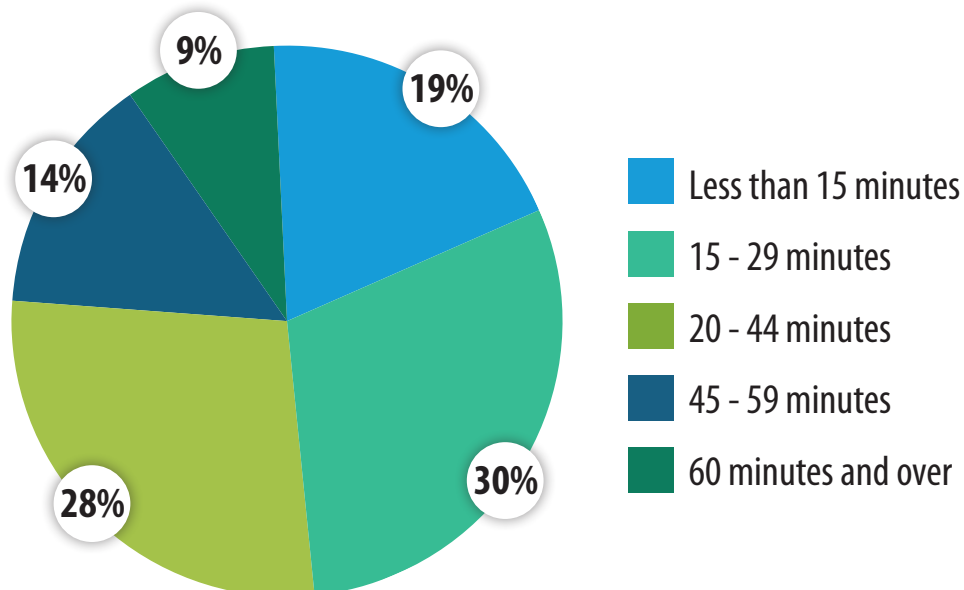
Program Development <i>Focus Area: Maintain and Enhance Strong Communities</i>	Open Space Management <i>Focus area: maintain and enhance strong communities</i>	Community Development <i>Focus area: community identity and spirit</i>	Regional Stewardship <i>focus area: strong local governance and regional leadership</i>	Administration
<b>SOCIAL PROGRAMS</b> Living Well Counselling, Family Violence Program (SAIF & Jessica Martel), Summer Theme Days, Wellness Series, Seniors Workshop, Youth Council, Early Childhood Programs (ABC 123, Moms, Dads & Tots, All About Play), Job Experience Training, Supportive Information & Referral, General Interest Program Series.	<b>PERMITTING</b> Special Event Permits, Hay and Grazing Permits, Temporary Use, P&D Development and Subdivision Deferrals, Encroachments.	<b>COMMUNITY GRANT PROGRAMS</b> Community Assoc. Capital and Operating, FCSS.	<b>REGIONAL INITIATIVES</b> Recreation Cost Sharing, Violence Threat Risk Assessment Protocol, Alternative Rural Transportation For Seniors, Community Data Consortium, St Albert-Sturgeon Regional Collaborative Service Delivery, Intermunicipal Collaboration Frameworks.	<b>PROGRAM REGISTRATION</b> Online Option.
<b>RECREATION PROGRAMS</b> Summer Day Trips, Fitness (Calahoo & RQB), Pickleball.	<b>MUNICIPAL RESERVE AGREEMENTS</b> Joint Use, Homeowners Association, Community Association.	<b>SUPPORT TO NFP</b> Seniors Advisory Council, Community Bulletin Board, Information & Referral (programming, trends, Societies Act Information, Meeting Procedure, Grants, Muttart Foundation Board Development Workbooks, Volunteer Alberta Guides).	<b>INTERMUNICIPAL COLLABORATIONS</b> Sturgeon Adult Learning Council, Early Years Coalition, River Valley Alliance (Riverfest), Athabasca Landing Trail.	<b>PROVINCIAL REPORTING</b> FCSS Audit & Outcome Measures.
<b>TRANSPORTATION</b> Edmonton Transit Agreement, Seniors Bus.	<b>CAPITAL PLANNING &amp; CONSTRUCTION</b> Trail Master Plan, Cardiff Park Improvement Strategy, Open Space Master Plan (Levels Of Service Framework).	<b>VOLUNTEER APPRECIATION</b> Call for nominations, community celebration of excellence & proclamation.	<b>EMERGENCY SOCIAL SERVICES (ESS)</b> Emergency Social Services Network, Sturgeon Regional Emergency Management Plan, Sturgeon Regional ESS Working Group.	<b>COMMUNITY OF PRACTICE</b> Senior Counseling Supervision, Sturgeon Region Interagency, RCSD Social/Emotional Working Group, Regional FSL, Edmonton Evergreen (Directors Network).
<b>PUBLICATIONS</b> 3 program guides with Community paid advertising	<b>POLICY &amp; BYLAW DEVELOPMENT</b> Public Land Bylaws, Municipal Reserve Policy.	<b>COUNCIL BOARDS &amp; COMMITTEES</b> Calahoo-Villeneuve Gravel Extraction, Community Services Advisory Board.		<b>2019 INITIATIVES</b> Fort Augustus Land Ownership, Fort Augustus Management Plan, Woodridge/Pinewood Trail, Camilla School, CFB Edmonton Proposal, Social Advocacy Plan.
<b>FINANCIAL ASSISTANCE</b> Sponsor a Child & Adult Subsidy		<b>COMMUNITY INITIATIVES</b> Block Parties, Community Clean Up, School/Community Open Houses.		
<b>LIBRARY</b> NLS Agreement Library Funding				

## COMMUNITY PROFILE

### Population Change - 2011 to 2016 Census



### Time Spent Commuting to Work

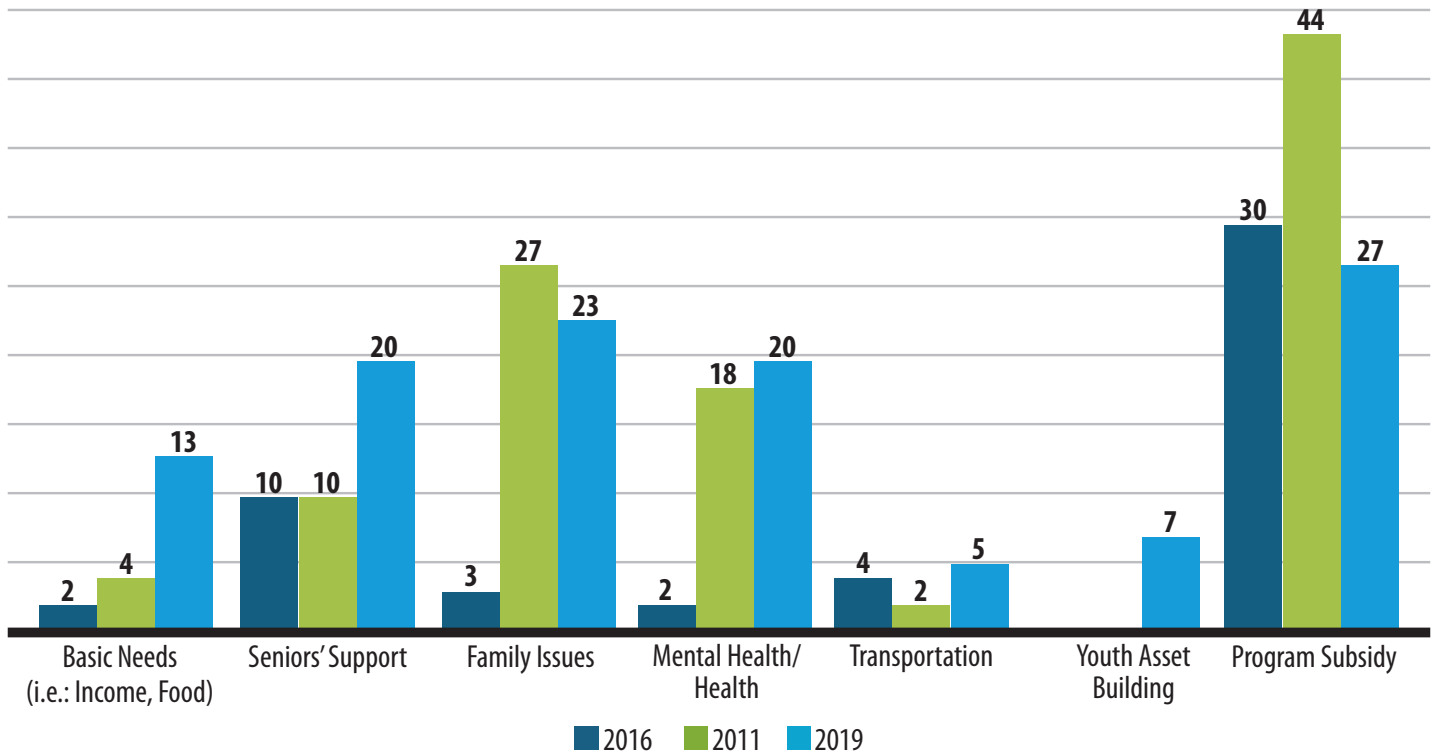


- 5% of Sturgeon County households are low income
- 60% of our population live at the same address as five years ago
- 32.5% are lone parent households

Reference – Statistics Canada

## Community Needs

FCSS track community needs identified through residents who access counselling, supportive referrals and/or program subsidy through the Living Well program. Support for subsidy to program registration, family issues, mental health or health issues or senior's support are the highest need we see. Transportation is trending as a barrier for residents to access needed resources.



## PARKS, TRAILS, NEIGHBOURHOOD DEVELOPMENT AND OPEN SPACES

Sturgeon County has 18.3 kms of hard surface or granular trail. In 2019, Sturgeon County undertook engagement with the Pinewood and Woodridge neighbourhoods in preparation of development of 1.5 km of granular trail as part of the historic Athabasca Landing Trail and the Great Trail.

In 2019, the following capital projects were undertaken as part of park and neighbourhood development:

- Cardiff Park Rehabilitation – Phase I
- Neighbourhood Site

### Volunteer Organization Support

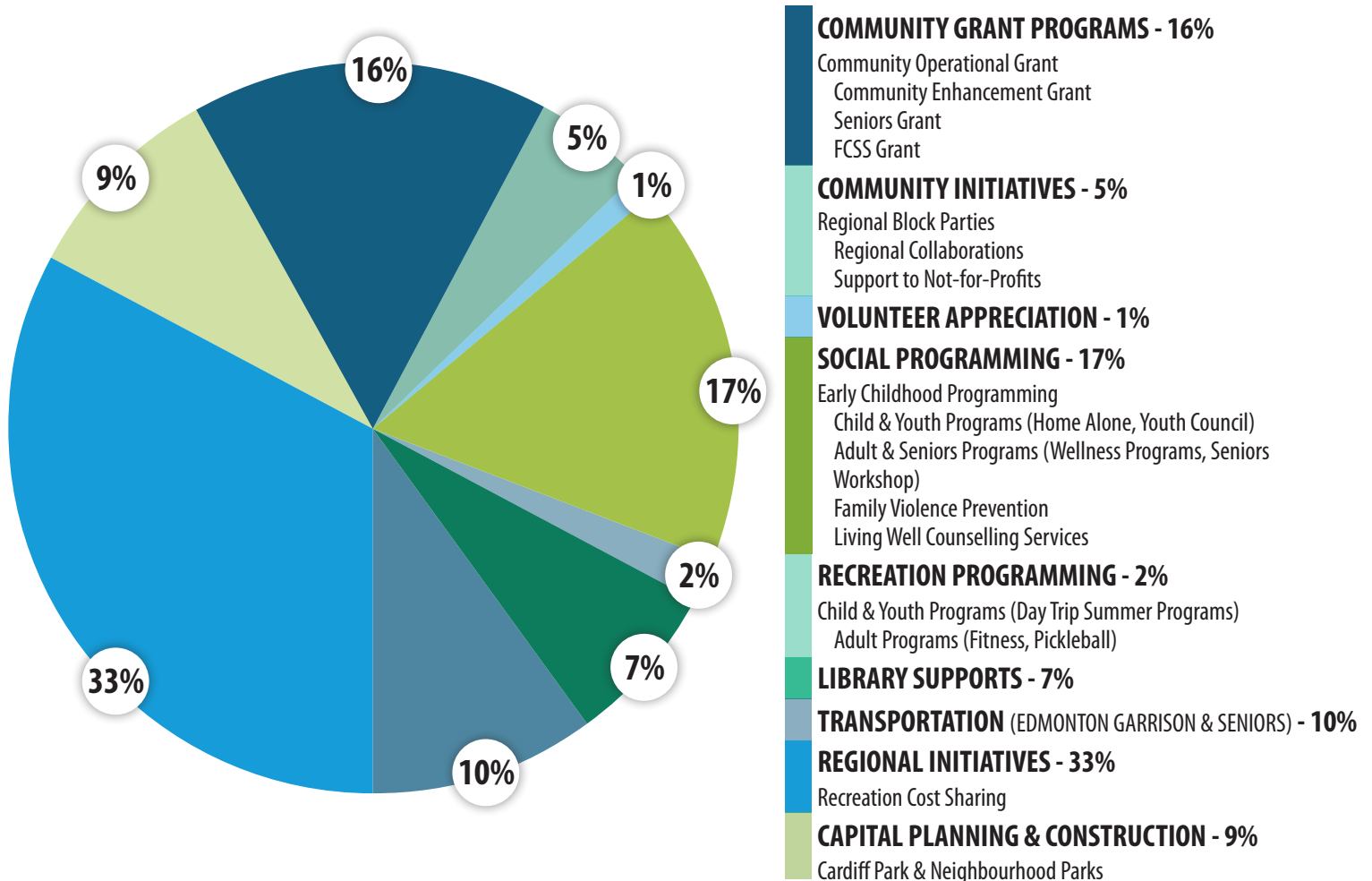
Sturgeon County FCSS provided support to residents by assisting not-for-profit organizations with funding for preventative social programming, recreation and rural facility operating and/or capital initiatives. The following organizations were funded in 2019:

- |   |  |
|---|--|
| • Alcomdale Community League                    | • Pinnacle Ridge Estates Homeowners Association      |
| • Bon Accord Golden Gems                        | • Redwater & District Pioneer Club                   |
| • Calahoo Golden Agers                          | • Redwater & District Seniors Transportation Society |
| • Cardiff Community Association                 | • Riviere Qui Barre Agricultural Society             |
| • Club 60 Roses Seniors Club                    | • Rotary Club of Morinville/Sturgeon                 |
| • Coronado Community Association                | • St. Albert Bereavement Fellowship                  |
| • Fedorah Ivan Franko Educational Society       | • St. Charles Angels Seniors Club                    |
| • Hu Haven/Riverside Community Association      | • Sturgeon Agriplex Society                          |
| • Mearns Community Association                  | • Sturgeon Victim Services Unit                      |
| • Morinville Seniors Rendezvous Centre          | • Villeneuve Athletic Association                    |
| • Namao Agricultural Society                    | • Villeneuve Happy Sixties                           |
| • Namao Preschool Society                       | • Waugh Polish Recreation Society                    |
| • Namao Ridge Recreation Society                | • West Sturgeon Aging in Place                       |
| • Namao Senior Citizen Museum & Archive Society | • West Sturgeon Ag Society                           |
| • Pinewood Hall Association                     |  |

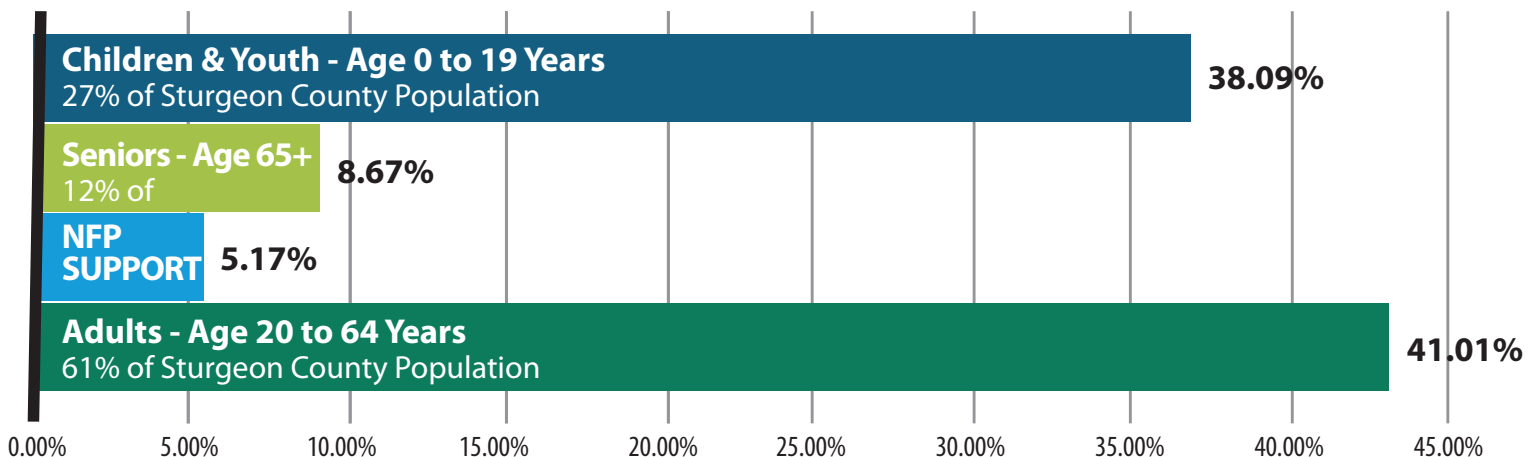


## DEPARTMENT FUNDING

FCSS annual expenditures are funded by municipal tax dollars and provincial funding for preventative social programming. Recreation and Transit programs are funded by municipal tax dollars and grant programs from the Province and Government of Canada.



## PREVENTATIVE SOCIAL PROGRAMMING BY AGE GROUP



## WHAT DIFFERENCE DO WE MAKE?

### Outcomes and Performance Measures

FCSS measures the difference we make for all our direct preventative social and recreational programming to ensure we are working towards accomplishing our vision.

**100%** know more about how to solve their problems >> [Living Well Program](#)

**100%** of **93** Wellness and **30** Financial Workshops attendees gained knowledge to improve their lives >> [Personal Development](#)

**99%** had increased opportunities for activities >> [Day Trips](#)

**97%**

*Individuals  
experience  
personal well-being*

**100%** of seniors' clubs have supportive social relationships >> [Senior Citizens Advisory Board](#)

**80%** feel this is a good place to bring up children >> [Moms, Dads & Tots](#)

**49** Bus bookings made by Seniors Groups, helping **100%** feel more connected to their community >> [Seniors Transportation](#)

**100%** have resources for support and help >> [Information & Referral](#)

**93%**

*Individuals  
are connected  
with others*

**97%** of children enrolled had increased self confidence >> [Early Childhood Programs](#)

**100%** of children play cooperatively together >> [Theme Days](#)

**100%** feel able to be responsible for themselves/others >> [Babysitter Safety/Home Alone](#)

**100%** of youth feel they can make a difference >> [Youth Council](#)

**100%** feel they are important to their community >> [Job Experience Training \(JET\)](#)

**97%**

*Children & Youth  
develop positively*

**100%** feel supported to volunteer >> [Sturgeon Proud Volunteer Appreciation](#)

**100%** feel their community is more connected >> [Community Block Parties](#)

**12,000** Guides delivered to homes three times each year >> [Program Publications](#)

**100%** of funds reallocated from under-used to transit to provide other recreation options at Edmonton Garrison >> [Garrison Park n' Ride Review](#)

**92%**

*The Community  
is connected and  
engaged*

## OTHER STATS

**100%** better understand how to access resources >> [Seniors Workshop](#)

**100%** know how to support seniors in their clubs >> [Senior Citizens Advisory Council](#)

**\$589,625** shared with non-profits and regional recreation >> [Community Grants](#)

**1<sup>st</sup>** Phase of Cardiff Park Rehabilitation begun >> [Capital Plan](#)

**27** children and adults sponsored to attend needed programs >> [Sponsorship](#)

**Two** local collaborations to provide programming >> [Family Violence Prevention](#)

**100%**  
Community  
social issues are  
identified  
and addressed

Regional and local collaborations >> [Inter-agency & Municipalities](#)

Programming provided by working with Jessica Martel Memorial Foundation (JMMF) and Stop Abuse in Families (SAIF) >> [Family Violence Prevention](#)

Early Childhood Development (ECD) professionals were connected to learning resources to support families >> [ECS Collaborative \(SASEY\)](#)

Enhanced early childhood programs >> [ECS Collaborative \(SASEY\)](#)

**100%**  
Collaborative

**99%** of participants surveyed were satisfied with the programs taken.

**77%** of full capacity for all FCSS programs combined.

**139** volunteers provided **2171** volunteer hours to direct FCSS programs.

**2** organizations became registered Not-for-Profits with the help of **FCSS Staff**.

**100%**  
Engagement



## WHAT WE'VE HEARD

**very  
comfortable**

"Both teachers were awesome with the kids. They made my daughter feel very comfortable right away... so much so, that she didn't want to come home. She absolutely loves going to school"

***Early Childhood Program Parent***

"Awesome day! Very organized. Great information, great socializing event, very positive event. I look forward every year to attending."

***Seniors Workshop Attendee***

**positive  
event**

**sad when  
it ends**

"I love this program. I often wish it was twice a week and I am always so sad when it ends. I also find I can meet new people"

***Moms, Dads & Tots Attendee***

"This is an amazing program and I highly recommend it to anyone hosting a community event"

***Block Party Applicant***

**amazing**

**surpassed  
my  
expectations**

"This surpassed my expectations. I can't think of anything better"

***Free Summer Bonus Day Participant***

"I appreciate so much all the help you have given me and how everyone in your Community has offered us so much. I'm a bit sad, I was looking for a Community that accepted us and it was beginning to feel like home. I'm going to miss [this community] but especially you, and everyone helping behind you..."

***Supportive Referral Client***

**your  
Community  
has offered  
us so much**